



# LSSAWR

Life Satisfaction Scale  
for Apostolic  
Women Religious

Congregational Character

Individual Wellbeing

Membership Viability

Holistic Growth &  
Commitment

Interrelationships

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LSSAWR is supported by Duquesne University  
and sponsored by a grant of the Conrad N. Hilton Foundation

## **The Life Satisfaction Scale for Apostolic Women Religious (LSSAWR)**

### **Purpose:**

The overall purpose of the study is to design a Manual for the "Life Satisfaction Scale for Apostolic Women Religious (LSSAWR)." The study also seeks to support the translation of the LSSAWR and its manual into Spanish and to extend its use to the youngest generations in religious life. In particular, this Phase 1 study will focus on further evaluating and refining the LSSAWR.

### **History:**

The LSSAWR was created by Maria Clara Kreis, CDP, Ph.D., L.P. in response to the declining number of U.S. women religious. Dr. Maria Clara Kreis and Duquesne University have been awarded a grant of \$390,000 from the Conrad N. Hilton Foundation to create a manual for the Life Satisfaction Scale for Apostolic Women Religious (LSSAWR). The grant money will also support the research that will make the LSSAWR available to the youngest generations of women religious as well as to those who speak Spanish.

### **Benefits:**

The LSSAWR can be used to assess satisfaction levels across three generations of women religious. Hopefully, the LSSAWR can also assist women religious individually and communally as they discern their commitment to religious life.

### **Areas of Assessment:**

The LSSAWR assess the satisfaction levels of women religious regarding five areas:

#### ***Congregational Character:***

Viability of the congregation moving forward.

#### ***Individual Wellbeing:***

Sense of wellbeing with this life choice.

#### ***Membership Viability:***

Personal and communal efforts to sustain and increase membership.

#### ***Holistic Growth & Commitment:***

Personal and professional growth and commitment to this life choice.

#### ***Interrelationships:***

Relationships within the congregation and external to it.

The LSSAWR also provides a **Total Score** that reflects one's overall level of satisfaction.

### **Availability:**

To be determined after initial contact with Sister Maria Clara Kreis (information opposite page).